Wooden Dummy Construction and Installation Errata and Updates for the "Ken Jong"

2005-11-14: Construction and Installation Updates

- Caution: These specs are NOT drawn to scale!
- Body of dummy is of laminated hard maple (rock maple).
- Angle between upper and lower leg is approximately 120 degrees.
- For the arms, the diameter at the fattest part should be increased by about ¼" as compared to these specifications; the slender part of the arm does not need to be changed.
- The upper arm holes in the spec are shown to be off center. The holes can be constructed on center, but the critical thing is to maintain a distance between upper arms (when spread apart) of 6 3/8" to 6 5/8" center to center.
- Our existing slats are made of ash or pecan for best combination of flexibility and strength; Ken recommended to choose a wood with just slightly less give (but not too stiff). I'll update these spec once the type of wood is identified.
- The mounting slats should ride "free" at the ends to allow flex and give, and should not be "bolted" in place. Leave at least $\frac{1}{2}$ " 1" past the mounting bracket on each end of the slats.
- Install 4 simple wooden clamps on the slats to prevent the dummy from sliding. Leave just enough "slack" for the dummy to turn and play on the slats without unnecessarily sliding around.
- Can install 4 additional wooden clamps near inside edge of slats to prevent them from sliding out of the brackets.

| 2006-11-16: Views of dummy redrawn to scale | |
|---|--|
| See Appendix. Thanks to Uriel Wong for this update. | |
| | |

2011-07-24: Updated Notes on Wood for Mounting Slats

Thanks to Mark Leong of Hawaii, and Carina Cirrincione of Little Raven Studios for this update.

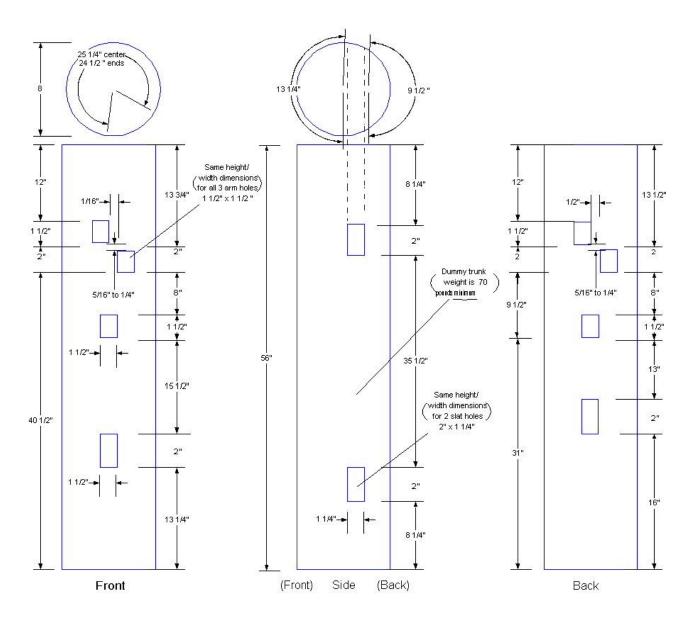
"My first choice for the slats is hickory. (hickory and pecan are often sold together because they have very similar properties) Hickory is very strong, flexible and durable. White oak would be my second choice. I would avoid red oak as it is not as strong as white oak. I would not use maple for the slats. Maple is the best wood for the dummy itself, but for the narrow slats, maple is too stiff which makes it brittle when in the form of thin strips like the slats.

"When choosing the boards make sure you pick ones that have very straight grain. When looking at the wood, site down the length of the boards and choose the ones that have the straightest grain that runs the length of the board and does not cut across it. If the grain cuts across the board it can be weak in that area."

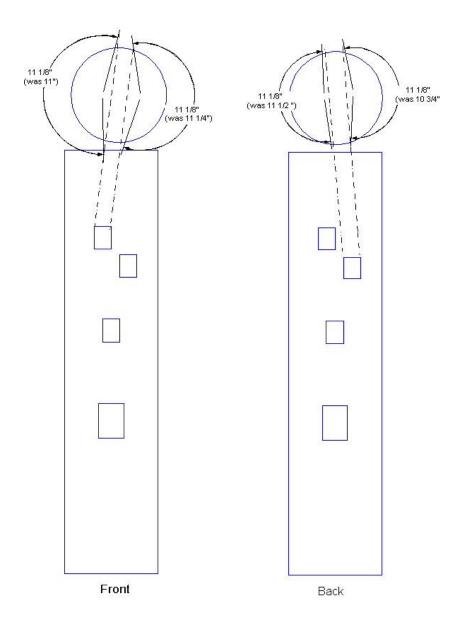
Refer to Appendix 2 for a comparative chart of wood properties.

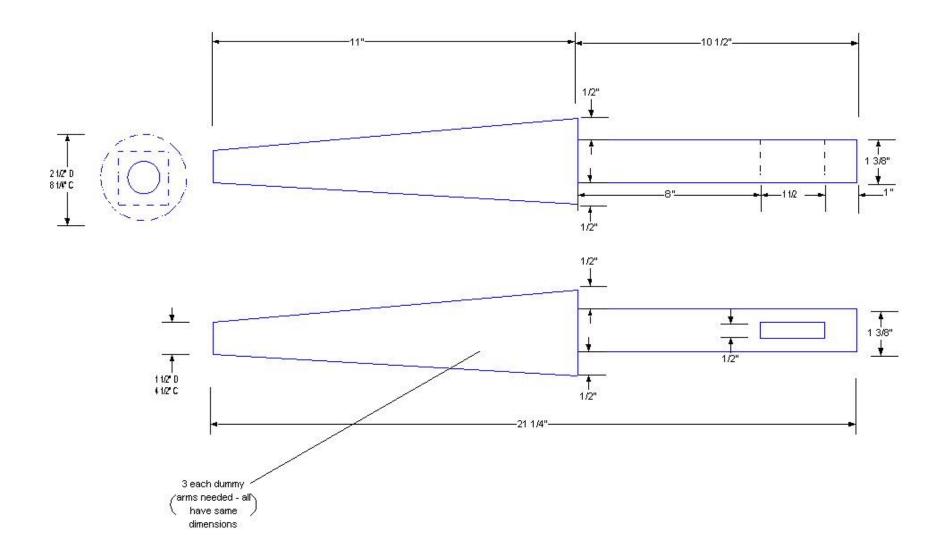
APPENDIX 1: Original Diagrams

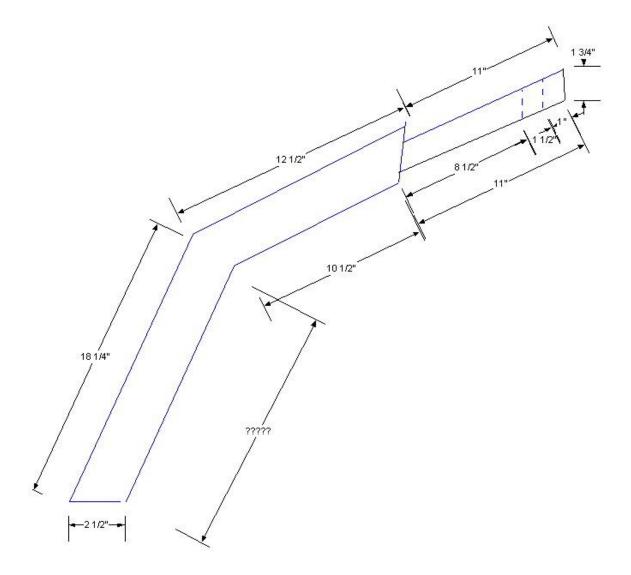
KenDummy V4 11Mar02.vsd

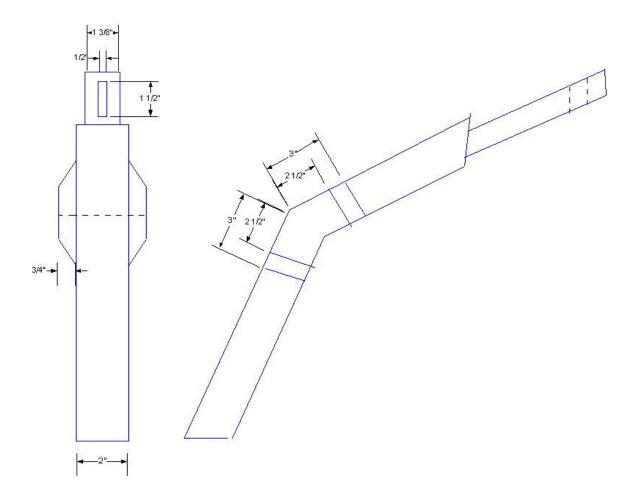


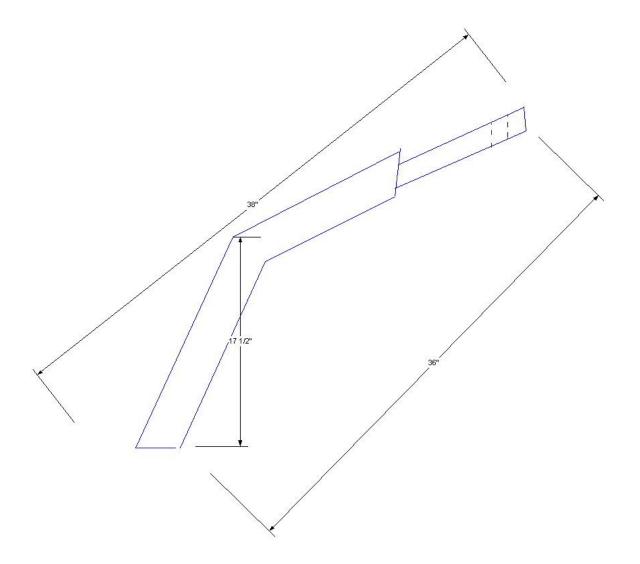
For Bay Area Wing Chun Student's Association & Affiliates Kathy Jo B. Connors Revised 2017-06-04

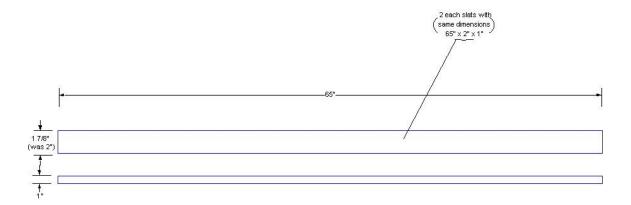












APPENDIX 2: Diagrams redrawn to scale



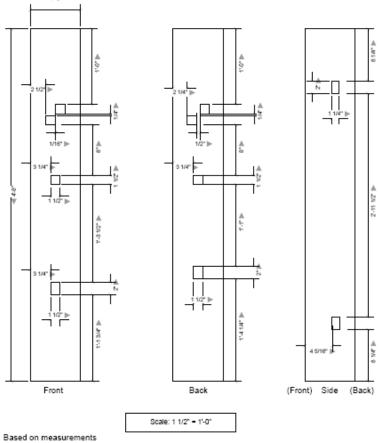
Wooden Dummy Specs - Trunk to Scak



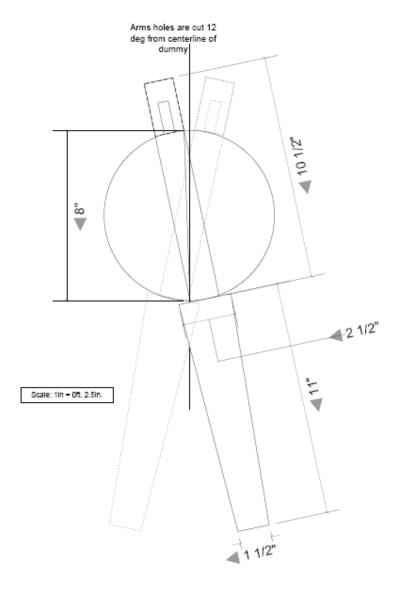
dummytopview - to scale.pdf

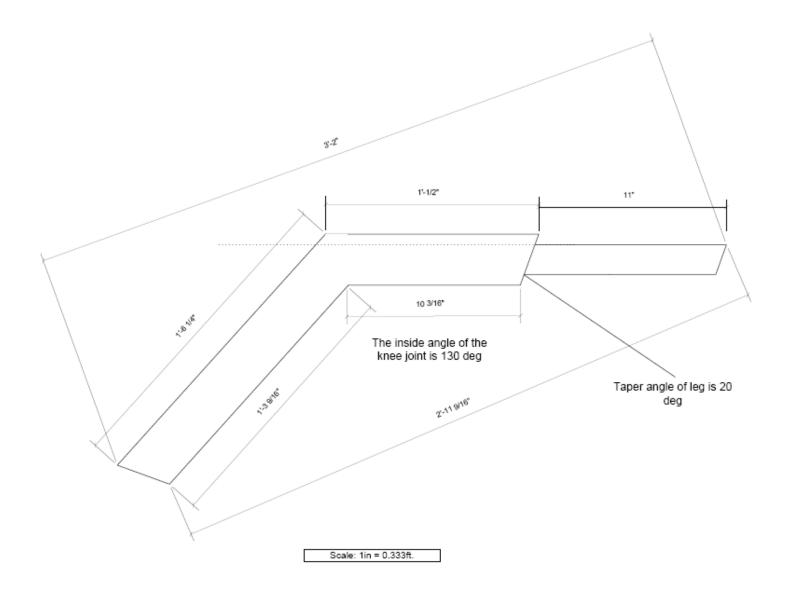


dummyleg-1- to scale.pdf



Based on measurements posted by Kathy Jo to the LSLA group





For Bay Area Wing Chun Student's Association & Affiliates Kathy Jo B. Connors Revised 2017-06-04

APPENDIX 3: Comparative Physical Properties of Popular Wood Species

Comparative Physical Properties of Popular Wood Species

| Species | Specific Gravity† | Weight‡ | Strength | Stiffness | Hardness | Shock Resisting Ability | Bending Strength | Shrinkage |
|-----------------------|-------------------|---------|----------|-----------|----------|-------------------------|------------------|-----------|
| ALDER, RED | 0.37 | 28 | 82 | 139 | 48 | 71 | 76 | 123 |
| ASH, WHITE | 0.54 | 41 | 106 | 161 | 108 | 139 | 110 | 126 |
| ASPEN | 0.35 | 27 | 58 | 107 | 31 | 67 | 63 | 111 |
| AVODIRE | | 36 | 97 | 125 | 93 | 81 | 96 | 105 |
| BASSWOOD | 0.32 | 26 | 62 | 126 | 31 | 54 | 61 | 158 |
| BEECH | 0.56 | 45 | 94 | 169 | 96 | 135 | 102 | 162 |
| BIRCH, SWEET | 0.6 | 46 | 105 | 207 | 104 | 159 | 117 | 154 |
| BIRCH, YELLOW | 0.55 | 43 | 98 | 174 | 86 | 171 | 106 | 166 |
| BUBINGA | | 55 | | | 157 | | | 148 |
| BUTTERNUT | 0.36 | 27 | 68 | 115 | 40 | 80 | 64 | 100 |
| CATALPA, NORTHERN | 0.38 | 29 | 59 | 110 | 43 | 95 | 63 | 73 |
| CATIVO | 0.4 | 29 | 60 | 101 | 50 | 60 | 68 | 85 |
| CHERRY, BLACK | 0.47 | 35 | 100 | 150 | 72 | 112 | 93 | 113 |
| CHESTNUT | 0.4 | 30 | 70 | 112 | 50 | 69 | 68 | 111 |
| COTTONWOOD, EASTERN | 0.37 | 28 | 64 | 123 | 36 | 73 | 62 | 138 |
| CUCUMBER TREE, YELLOW | 0.44 | 34 | 88 | 175 | 57 | 103 | 90 | 137 |
| CYPRESS, BALD | 0.42 | 32 | 92 | 136 | 52 | 76 | 79 | 104 |

| DOGWOOD | 0.64 | 51 | 101 | 124 | 154 | 192 | 100 | 194 |
|---------------------------|-------------------|---------|----------|-----------|----------|-------------------------|------------------|-----------|
| EBONY | | 63 | 174 | 230 | 258 | 255 | 196 | |
| ELM, AMERICAN | 0.46 | 36 | 74 | 130 | 66 | 123 | 85 | 145 |
| HACKENBERRY | 0.49 | 37 | 72 | 108 | 74 | 145 | 76 | 138 |
| HICKORIES, TRUE | 0.65 | 51 | 123 | 188 | 142 | 292 | 138 | 182 |
| HOLLY | 0.5 | 40 | 71 | 102 | 86 | 124 | 76 | 155 |
| LIMBA | 0.45 | 34 | 73 | 101 | 70 | | 28 | 140 |
| LOCUST, BLACK | 0.66 | 48 | 168 | 220 | 161 | 170 | 157 | 103 |
| MAHOGANY, AFRICAN | 0.43 | 31 | 91 | 104 | 68 | 80 | 87 | 92 |
| MAHOGANY, CENTRAL AMERICA | 0.45 | 32 | 111 | 145 | 76 | 83 | 98 | 79 |
| MAHOGANY, CUBAN | 0.57 | 41 | 95 | 123 | 114 | 71 | 88 | 60 |
| MAKORE | | 40 | | | | | | 124 |
| MAPLE, RED | 0.49 | 38 | 87 | 158 | 79 | 110 | 93 | 128 |
| MAPLE, SILVER | 0.44 | 33 | 71 | 106 | 65 | 93 | 69 | 114 |
| MAPLE, SUGAR | 0.57 | 44 | 106 | 178 | 115 | 138 | 114 | 147 |
| MERANTI, RED (LAUAN) | 0.4 | 36 | 86 | 138 | 55 | 110 | 82 | 117 |
| Species | Specific Gravity† | Weight‡ | Strength | Stiffness | Hardness | Shock Resisting Ability | Bending Strength | Shrinkage |
| MERANTI, WHITE (LAUAN) | | 36 | 75 | 138 | 53 | 114 | 74 | 103 |
| MYRTLE | 0.51 | 39 | 76 | 89 | 106 | 144 | 72 | 116 |
| | | 42 | | | | | 136 | 69 |
| NARRA | 0.52 | | 148 | 159 | 124 | 149 | | |
| OAKS, COMMERCIAL RED | 0.56 | 44 | 92 | 168 | 103 | 139 | 101 | 143 |
| OAKS, COMMERCIAL WHITE | 0.59 | 47 | 93 | 149 | 109 | 125 | 99 | 155 |
| ORIENTALWOOD | | 44 | 122 | 150 | 117 | | 105 | |
| | | | | | | | | |

| OSAGE-ORANGE | 0.76 | | 147 | 153 | 246 | 397 | 157 | 89 |
|--------------------------|------|----|-----|-----|-----|-----|-----|-----|
| PADAUK (AFRICAN) | | 43 | | | 137 | | | 82 |
| PADAUK (ANDAMAN) | 0.62 | 45 | 152 | 165 | 130 | 101 | 130 | 78 |
| PADAUK (BURMA) | 0.75 | 54 | 187 | 196 | 198 | 159 | 176 | |
| PALDAO | 0.54 | 44 | | | 94 | | | 127 |
| PEARWOOD (EUROPEAN) | | 43 | | | 94 | | | 195 |
| PECAN | 0.6 | 47 | 104 | 162 | 142 | 156 | 110 | 137 |
| PRIMAVERA | 0.4 | 30 | 102 | 123 | 74 | 94 | 106 | 91 |
| ROSEWOOD (BRAZIL) | | 50 | | | 153 | | | 119 |
| SAPELE | 0.54 | 40 | 137 | 126 | 123 | 94 | 96 | 138 |
| SATINWOOD | 0.83 | 67 | 166 | 181 | 209 | 132 | 141 | 147 |
| SONORA (MANNGGASINORO) | 0.42 | 31 | 62 | 116 | 50 | 88 | 61 | |
| SWEETGUM | 0.44 | 34 | 77 | 134 | 60 | 99 | 86 | 150 |
| SYCAMORE | 0.46 | 35 | 76 | 129 | 64 | 78 | 74 | 136 |
| TANGUILE | 0.53 | 39 | 91 | 154 | 64 | 87 | 87 | 103 |
| TEAK | 0.6 | 43 | 136 | 173 | 99 | 107 | 124 | 162 |
| TIGERWOOD | 0.45 | 34 | 101 | 123 | 78 | 93 | 90 | 138 |
| TULIPWOOD, AMERICAN | 0.38 | 28 | 68 | 135 | 40 | 58 | 71 | 119 |
| TUPELO, WATER | 0.46 | 35 | 87 | 127 | 78 | 81 | 82 | 122 |
| WALNUT, BLACK (AMERICAN) | 0.51 | 39 | 113 | 167 | 88 | 124 | 111 | 116 |
| WILLOW, BLACK | 0.34 | 26 | 41 | 70 | 35 | 91 | 45 | 126 |
| ZEBRAWOOD | 0.62 | 48 | | | 125 | | | 156 |

Source: Fine Hardwoods Selectorama © 1987 Fine Woods Association.

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‡ Compressive strength (endwise)